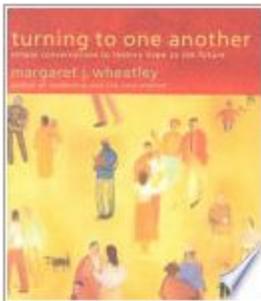


## turning to one another

simple conversations to restore hope to the future

*Margaret Wheatley*



“Do I feel a vocation to be fully human?”

We don’t set out to save the world; we set out to wonder how other people are doing and to reflect on how our actions affect other people’s hearts.

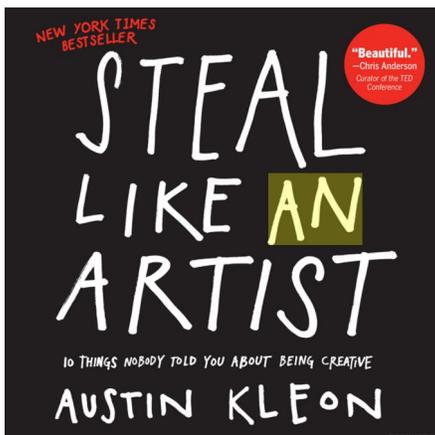
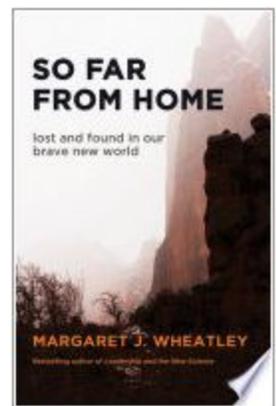
*Pema Chodron*

Full of amazing quotes and inspiring challenges, this book blends the practical art of conversations with poetry and provocations.

## So far from home

*Margaret Wheatley*

We need new maps to navigate our brave new world. One kind of map shows us where we are now--she offers a penetrating critique of popular culture. But a second kind of map invites us to choose a new role for ourselves as warriors for the human spirit. This map helps us develop the skills we need most--insight, bravery, decency, compassion-- to discover our right work and create meaningful lives in this dark time. Profoundly reflective yet down-to earth, rooted in the day-to-day experiences we all share, this book is both affirming and provoking, calling us to reexamine our expectations and redefine our role for the work ahead. Read it in one weekend!



## Steal like an artist

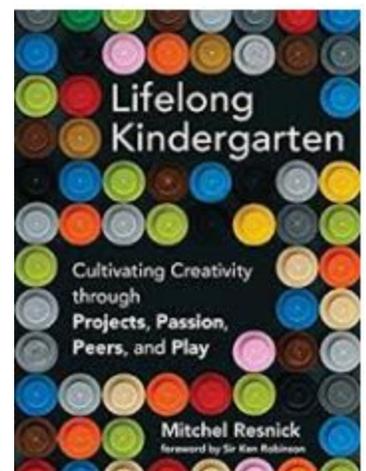
*Austin Kleon*

You don’t need to be a genius, you just need to be yourself. That’s the message of this author who knows that creativity is everywhere and for everyone. This book is inspiring, hip, original, practical and entertaining. And filled with truths about creativity. Nothing is original, so embrace influence, collect ideas, and remix and reimagine your own path.

## Lifelong Kindergarten

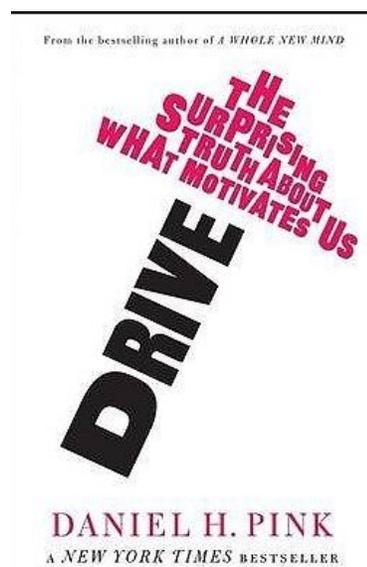
*Mitchel Resnick (MIT)*

How lessons from kindergarten can help everyone develop the creative thinking skills needed to thrive in today’s fast-changing world. Focusing on playing, sharing and reflecting and drawing on his 30 year experiences at MIT’s Media Lab, Resnick discusses new technologies and strategies for engaging young people in creative learning experiences. Let’s help our students prepare for a world where creative thinking is more important than ever before.



## Drive

Daniel Pink



A book that will change how you think and transform the way you live. Forget everything you thought you knew about how to motivate people. It is wrong! The secret to high performance and satisfaction is the deeply human need to direct our own lives, to learn and create new things and to do better by ourselves and the world. Along the way, Dan introduces us to the scientists and entrepreneurs who are pointing a bold way forward.

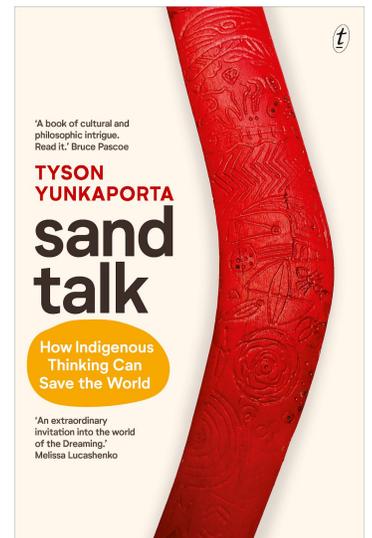
## Sand Talk

Tyson Yunkaporta

Sand talk is an extraordinary reading experience which will transform that way you think about and engage with knowledge!

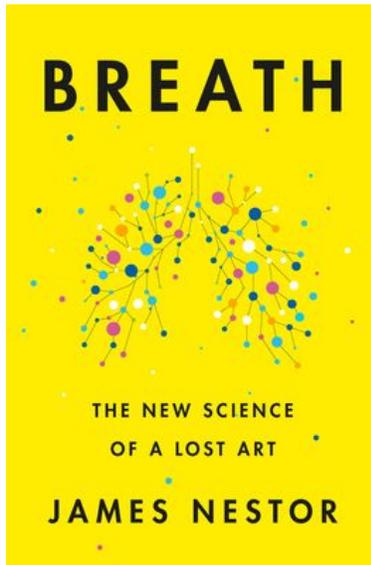
Exploring various global systems through an Aboriginal perspective, Sand Talk provides us with a rich and interactive way to see and truly understand our world. Taking you on a journey through an academic yarn, Tyson Yunkaporta invites us to explore patterns to reimagine how we learn, how we listen and how we act.

Sand talk brings clarity to complex issues and systems and encourages us to do things differently as custodians of this place. This is a remarkable read!



## Breath

James Nestor



Breath is, quite literally, a breath of fresh air! Nestor takes you on the personal, scientific and historical journey which notes the importance of breathing and how to do it well. Stay with me...if we don't breathe correctly, despite mindset, diet and exercise, then none of that really matters. A fascinating journalistic lens is applied to uncover how and why we stopped breathing effectively and useful, purposeful tips are given to bolster your own work in breathing well. Overall, some mind blowing stats, interesting anthropology and most definitely, a better night's sleep. Get onto this one!

*"Modern research is showing us that making even slight adjustments to the way we inhale and exhale can jump-start athletic performance; rejuvenate internal organs; halt snoring, asthma, and autoimmune disease; and even straighten scoliotic spines. None of this should be possible, and yet it is".*

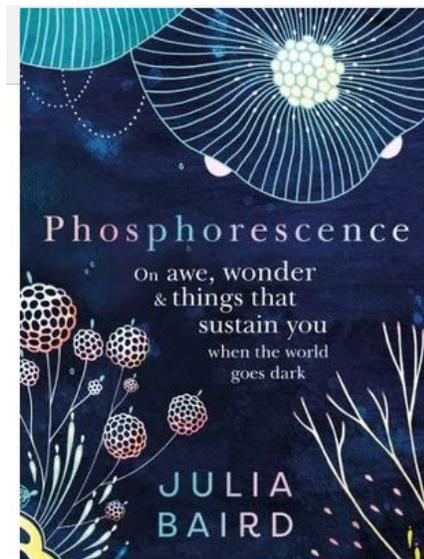
## Phosphorescence

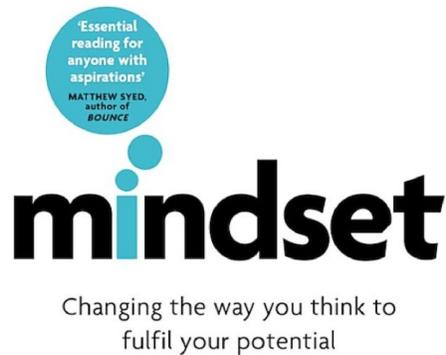
Julia Baird

This book offers an enchanting and inspiring insight into places where we can find contentment and joy. Gaining an awareness of those moments that inspire awe as well as ways of surviving and thriving when things go pear-shaped, is at the heart of Julia Baird's journey into self-awareness.

Beautifully written and truly engaging, this book takes you by the hand and gently taps into the core truths of the science of happiness.

When we seek out, nurture and carry our inner living light, we can turn up, lean in and live our best life. A truly uplifting read!





## Mindset

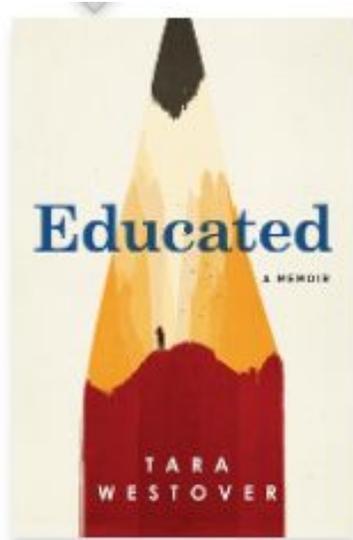
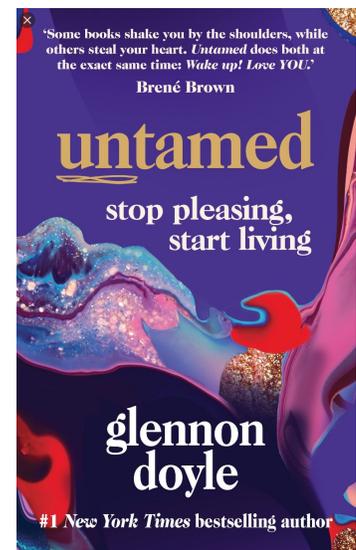
Carol Dweck

Struggling to understand your motivational world? You can start with a simple binary framework of Mindset. Fixed or Growth. Read alongside Drive by Dan Pink and take a step towards understanding the many challenges that get in the way of realising potential. As educators we have a responsibility to challenge mindsets, but also not be part of the rhetoric that created them in the first place.

## Untamed

Glennon Doyle

**Untamed** is a personal story of self discovery and listening to the deep "knowing" of oneself. It makes you reflect on what you think you should be doing and what you truly want to do with your life to live unapologetically authentic. Turning the pages can be frightening at times as it makes you listen so deeply to your inner self that you become almost fearful of what you might discover. This book inspires women to break free from being tamed by conformity and to become the strong, resilient, and courageous animals that we truly are. Read this book if you want to discover things about yourself and learn the "knowing" that will lead you to self-love and liberation.



*Tara Westover* was 17 the first time she set foot in a classroom. Born to survivalists in the mountains of Idaho, she prepared for the end of the world by stockpiling home-canned peaches and sleeping with her "head-for-the-hills bag". In the summer she stewed herbs for her mother, a midwife and healer, and in the winter she salvaged in her father's junkyard.

**Educated** is an account of the struggle for self-invention. It is a tale of fierce family loyalty and of the grief that comes with severing the closest of ties. With the acute insight that distinguishes all great writers, Westover has crafted a universal coming-of-age story that gets to the heart of what an education is and what it offers: the perspective to see one's life through new eyes and the will to change it.