

Hi Villagers far and wide,

We are very aware that you and your family's needs and experiences vary greatly at this time.

We are working hard to lean in, listen and meet your needs wherever we can.

So, for those who are feeling overwhelmed by the correspondence, **read no further**. Don't forget - you have the ability to turn off your Compass notifications :)

For others that are hungry for more, **read on**.

Dr Justin Coulson tweeted earlier this week,

'Children right now need 4 things. They need to be HEARD, they need HUMOUR, they need to HELP others and they need to have HOPE.'

As you navigate new uncharted waters, it might be helpful to take the pressure off yourselves by simply focusing on what you can do rather than what you can't. We are hearing some really wonderful stories of spontaneous learning and connections which are happening out there amongst our learners and their families and want to encourage you all to be brave at this time. Brene Brown talks about being 'in the arena'. This arena requires bravery and connection so we, at LLV, will continue to offer those things. This is an opportunity for learning to be even more [student directed](#).

Public Service Announcement

Parents: What we are being asked to do is not humanly possible. There is a reason we are either a working parent, a stay-at-home parent, or a part-time working parent.

Working, parenting, and teaching are three different jobs that cannot be done at the same time.

It's not hard because you are doing it wrong. It's hard because it's too much. Do the best you can.

When you have to pick, because at some point you will, choose connection. Pick playing a game over arguing about an academic assignment. Pick teaching your child to do laundry rather than feeling frustrated that they aren't helping. Pick laughing, and snuggling, and reminding them that they are safe.

If you are stressed, lower your expectations where you can and virtually reach out for social connection. We are in this together to stay well. That means mentally well, too.

Emily W. King, Ph.D.

Organisations from across the globe are opening their virtual doors and inviting you in. Why not take a wander through a [far flung gallery, visit places and spaces](#) that were once out of reach,

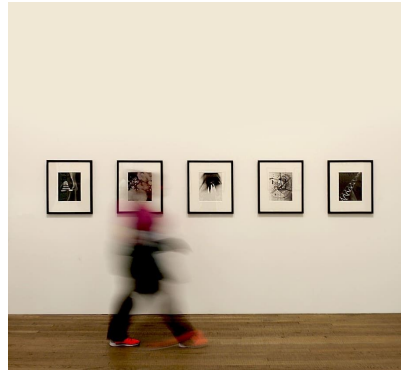
enjoy free concerts, start a Maker Project, or simply play? Below are just a few resources that you might like to investigate or play with.



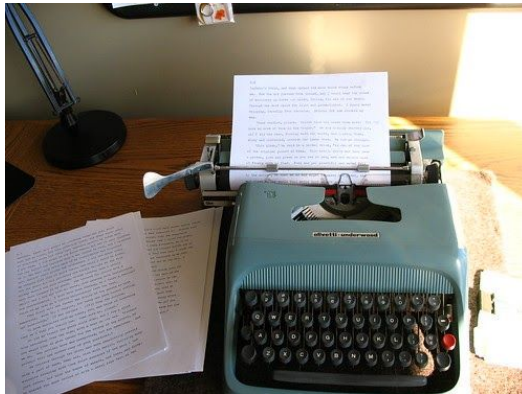
[Sydney Opera House - from our house to yours.](#)

Start tonight with Missy Higgins in concert

Ever been to the Tate? Why not [Go today!](#)



Always wanted to write a novel? [Try this.](#)



Please share your projects, learning experiences, spontaneous moments and funny stories with us. We miss you!

Warm regards,
The LLV Team